



DO YOU NEED SOMEONE TO TALK TO?



The Walk-In
Counselling Clinic

La clinique de counseling
sans rendez-vous

WE OFFER

- Support for Life's Challenges
- Trained, Professional Counsellors
- No Appointments Necessary
- Free Counselling Services
- Counselling to individuals, couples, and families.

Everyone is welcome.


Services are available and accessible to all regardless of ethnicity, race, age, ability, gender, sexual orientation, income, and political or religious affiliation.



South- East Ottawa Community Health Centre (SEOCHC)

1355 Bank Street #600,

Ottawa, ON

 (613) 737-5115

www.seochc.on.ca

Tuesdays: 11:30am- 6:00pm.

Last walk-in session is at 4:30pm
Counselling services offered in English, Somali, and Arabic.

www.walkincounselling.com

