

Other Programs and Services

- Foot Care for Seniors and Adults with Disabilities
- Good Food Box
- Income Tax Clinics
- Early Years Playgroup Monday, Wednesday & Friday 9:00 -11:00am

Office Hours

- Monday to Friday 9:00am - 4:30pm
- Closed 12:30pm - 1:00pm

The office is located inside the Community Centre, at the back.

For more information about any of our programs or services, we welcome you to stop by our office or call 613-247-1600.

Updated December 2016



South-East Ottawa
Community Health Centre
Every One Matters.



Centre de santé communautaire
du sud-est d'Ottawa
Chaque personne compte.

Hunt Club/Riverside Site Programs and Services



3320 Paul Anka Drive

613-247-1600

www.seochc.on.ca

Intake Services

- Access to practical supports e.g. diapers, food cupboard
- Crisis and short term counselling
- City-wide program applications (Toy Mountain, Furniture Bank, LEAP - Low-Income Energy Assistance Program, etc.)
- Information, support, and service referral

Intake Hours (first come, first served)

- Monday 1:30pm - 3:30pm
- Wednesday 1:30pm - 3:30pm
- Friday 9:30am – 11:30am

Settlement Services

- Assistance with issues related to immigration and settlement
- Services include: information, and referral, support services, connecting to language training, employment services and community programs

Arabic Senior Services

- Recreation and health promotion for Arabic-speaking Seniors
- Chair exercises, art, cooking, and English classes are just a few of the programs offered
- Learn more about community resources available throughout Ottawa

Community Engagement

- Give back to your community and create the change you want to see
- Become a change agent, community builder, or community leader

Youth Programs

- Homework Clubs
- Leadership programs
- Friday night recreation programs - Youth Zone & Girls Group
- Support and service referral