



- **WE WELCOME** mothers to breastfeed anytime, anywhere.
- **WE HAVE** a breastfeeding policy that all SEO staff, students and volunteers follow.
- **WE ENCOURAGE** mothers to exclusively breastfeed for the first 6 months and then to continue while introducing solid food.
- **WE HELP** mothers to hold their babies skin-to-skin and to know when they are ready to feed.
- **WE VALUE** strong connections with our community partners.
- **WE ASSIST** mothers to breastfeed and keep a good milk supply, even if they are away from their babies.
- **WE OFFER** breastfeeding classes, drop-ins and home visits to mothers.
- **WE PROVIDE** pregnant women and their families' information about breastfeeding.
- **WE PROTECT** breastfeeding mothers by not advertising or giving out formula, bottles or pacifiers.
- **WE SUPPORT** mothers to make an informed decision about how to feed their babies.

Mothers are welcome to breastfeed here.

Les mères sont les bienvenus à allaiter ici.

Hooyooyinka waa lagu soo dhaweynayaa inay halkaan ku naas nuujiyaan.

Las madres pueden amamantar aquí.

यहाँ स्तनपान को लागी आमहरुलाई स्वागत छ

مُرحب بالأمهات الراغبات بالرضاعة الطبيعية هنا

